



*In the God moment of Now, I fully embraced Me,
My Shadow-self and my Lights-elf,*

*For we were part of the whole seed of our Soul
In this beautiful dance of both,
I recovered the lost part of me,
The part I had discarded, disowned, disliked
And in this merging,*

*The alchemy of magic and transformation heralded within
me I once again rose like a Phoenix,
Ready to take my rightful place on this grand Universe,
And I realized that,*

*What we disown within ourselves will always persist
And I let go of my inner fear of Self Love
And I flew far into Universe to celebrate my New Me*