

Sacred Sound

*My Soul danced and sang
And out came these holy sounds*

Rihen

Suhen

Manem

Zamen

Samen

Hinen

Amen

*And in the sacredness of these holy sounds, all merged into One
I became the Stars and the Cosmos and in this ever growing Universe
I let myself be carried into the ever flowing current of Creation and Experience
My heart and Soul grew in its magnificence more
And I rejoiced in the knowingness of Who I Am.*