

SMELL THE SECRET TO KNOWINGNESS

Blessings. Our guest for today is
Indastra.

Indastra was an adventurous soul who experimented with all concepts that I taught and not blindly accepting what I taught. She gained great wisdom in that life stream and attained Nirvana.

Let us welcome Indastra.

At the lotus feet of my dearest master Lord Buddha, I place my head in reverence.

My master was very good in seeing through illusions. He always told us to look beyond what we see.

He taught us that what we see is only one part of the whole experience. And we cannot make a full decision about it since it contains only a part. And if we decide based on that, then our decision is only a part decision.

We did not understand much about it when he taught us this concept.

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Channeled by Irhaan Rae Chandran
18TH Oct 2020

He taught us to use all our faculties of our five senses to the fullest, to see the wholeness of the experience.

He taught us to train ourselves in using all the five senses before we decide on anything.

He taught us that if all the five senses fully agree and is in harmony, then the interpretation of the experience will be more authentic. Out of the five senses, he taught us that, the sense of touch and sense of smell was the key to determining the truth of the experience.

He taught us that - every experience from human interaction to natural occurrence has a smell to it.

He taught us that the air we breathe, has a subtle smell to it. The words we utter has a subtle smell to it.

He told us to look at animals. They use smells to express and experience everything.

They smell fear and love from people.
They live their life by smell. They
hunt by smelling their prey.

We also have the capacity to fully open
- develop this ability within us.

EXERCISE

On the bridge of the nose, there is an
opening called the Crown.

In all the five senses, there is an
opening called the Crown. Ask that
the chakra of the five senses be opened
fully and, on the nose, and just above
the nostrils, there are minute sensors
shaped like coiled springs.

Give intention to open these sensors
and practice breathing from these
sensors - breath from above the
nostrils and take it to the third eye
and then bring it back to the place
above the nostril and release
it.

This will open your higher sense of smell and you can smell any experience and see whether it is in alignment with your truth.

I would say, it was one of the most valuable gifts I learned.

Without speaking, I was able to perceive the true nature of reality by using smell.

He taught us that words cannot truly experience the truth or ultimate reality, but our fully developed five senses can perceive it.

I thank you all, for I am speaking from that timeline when Lord Buddha walked the earth.

I have not been back to earth to experience another life stream.

I will return when the earth people are once again in alignment with the Noble Truth of Law of One.

Indastra

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