

Mind is an extra ordinary tool of Creation and when properly used as it was intended to be, it can create a new experience/a new reality. The creative powers of the Elohims are placed with in the sub atomic particles of your mind and this acts as a powerful engine of creation. Combined with the energy of your mind, the feelings of your body and soul creates a powerful force with in you.

Use these two forces with in you to visualize an intended outcome - whether it is material or otherwise and hold this vision for a period of 21 days with in your physical body as though this vision is being imprinted on to your body and is becoming a part of you.

Visualize the energy from the Sun coming into you and you are fully bathed in the sun light and when you feel this energy with in you, imagine the imprint of what you had visualized for creating, going through your feet into the ground combined with the energy of the Sun. Be with it for a few minutes.

You have planted the seeds of your Creation on to the body of Mother Earth, from whose body, all creations spring forth. Water this seed of Creation with the Love of your heart and nourish this creation with the belief of your heart. The outcome of your creation will depend on the strength of your belief and the clarity of your visualization of what you have anchored on to the ground.

Master Buddha ... Through Rae Chandran