

UNFOLDMENT

Unfoldment in its natural state of being, brings out the essence of who you are in a simplified way.

If you look at your life, each moment is a moment of new beginnings and an opportunity for new creations or expressions of life.

Most of the time, we force these new beginnings to occur in the way, wishing for a particular outcome. When we do this, we are stopping the natural flow. Most time we do this, because of fear and insecurity.

Natural unfoldment is an expression of your Soul and is in alignment with the three sacred principles of your divinity - Will of your Soul, Wisdom of your Soul and Integration within your physical reality, the Will and Wisdom of your soul.

These three principles are a part of your spiritual light quotient and is endowed with the power to manifest your highest evolutionary energy through the balancing of your karmic energies and in learning and integrating the life lessons.

Coffee with Master Buddha
Channeled Irhaan Rae Chandran
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You have come to the earth plane to learn about balance and to create harmony and when you allow the natural unfoldment of you, you are in alignment with your soul's will. Human beings are over focused on the outer things and this drives them to step out of the natural unfoldment and to create within the limited thinking, coming from a place of survival and control.

When you stop the natural unfoldment, then you are not in alignment with your Soul.

Natural unfoldment happens in a natural way. Look at a newborn child. It allows for its unfoldment without any resistance. From lying on its back, to crawling, to taking baby steps and then being able to stand on its own feet.

It is a natural evolution and unfoldment and happens in perfect harmony with the will of its soul. Take another example - a flower or nature. It does not push to open or grow - it naturally allows.

This allowance is what allows it to manifest as per its divine intent and plan. Whole of nature manifests itself in this way.

EXERCISE

There are simple exercises you can do to awaken this natural unfoldment with in you.

Make all the fingers of your left hand in a flower like position (the fingers are opened and slightly bent facing the palm) and bring it in front of your heart area (left side of the heart) and your right palm fully opened and facing to the ground.

Breathe in through the right palm and release it through the five fingers of the left palm. Do this breathing for 12 times.

This has the capacity to open your heart center more and also to open the third eye chakra and this will shift the perceptions of who you are and the priorities or the value we place on ourselves and the things we do in our life.

Make the following statement a few times when you wake up and also before you go to sleep.

I am giving intent to be in alignment with my Spirit Self.

I am in the natural flow of my life contracts and life lessons.

I allow myself to Unfold in the natural order and natural rhythm of my Spirit Self.

When you are in this state of naturalness, you allow for the opening of the natural energy called Berkana - meaning Right Action which is in complete alignment with your Soul and is beneficial to you and all others who are affected by your action.

Unfoldment will open up many new doors and you are then continuously in the sacred dance of life and exploration.

This is the Way of Masters. Least resistant to their own natural growth.

You are all Masters in Disguise.