

# Sound

Sound is the foundational tool to manifest creation. If there are no sounds, manifestation cannot happen. Sound is the seed energy which pushes the intent for any materialization. This seed energy is what creates the matter through which creation takes place.

How does creation within the human world takes place? The thoughts you have, are Sound Energies. Every thought is a Sound Frequency.

Sound is the energy of your thoughts in a creative form. All thoughts which are sound frequencies, penetrates all your being and especially your bones and it settles down in your Pineal Gland. Pineal Gland sends this sound frequency of your thoughts into all other cells of your body and it settles down as an imprint underneath your skin.

If your thoughts/sound of your thoughts are strong and vibrant, then the imprints in the cells underneath your skin will be strong and stronger the imprint, the faster it will materialize in the outer world.

One can sing to one's body holding thoughts of love and when it is combined with feelings, the imprints becomes strong in the cells.

The thoughts of love can be in any form - appreciation, beauty, graceful, peaceful etc. since these are qualities of your Soul, the vibrations of these thoughts are higher, and the sounds created from these thoughts will carry a higher charge of energy.

Practice singing to yourself. Hold a thought of love and sing into your chakras - from base to crown. Your bones and organs know and will recognize your tones and it will start to create balance internally and it will be reflected in your outer world. After you complete singing to the chakras, sing to your organs and especially to the heart. This singing could be a tone, a word etc.

When you sing to the heart, the heart will take this sound and expand it internally. You will start to feel an expansion of Love and all the organs in the heart will be supported by this new energy.

This sound coming through you is called Personal Tonal Frequency. It is coming from deep within your Soul. Your Soul consists of 16 tonal frequencies and these tones make up the entire make up of your Soul.

These tonal frequencies came from many sources - primarily from Creator and others who supported in the creation of humans.

So, your Soul is a sound frequency and your Soul name is a Sound frequency. You are known in the Universe through this sound frequency.

Each atomic particle within your being has its own consciousness and within each of this consciousness has a greater understanding to create a greater portion of you.

So, when you make your tonal frequency, all this consciousness comes together and join in to produce an outcome. You can create peace and joy and wellbeing using your own personal sound tones.