

SOLITUDE

Solitude, for many, has meant being alone or being lonely. Solitude when understood, from the profound purpose of it, will recognize that, it is a noble and divine condition, and which offers great leaps in terms of growth and awareness.

Your soul seeks solitude for recharging and rebooting many of the energies within you, so that, you can have a balanced life.

All traditions advocate time for yourself. It is in these quiet moments; you gently and lovingly start touching the essence of your soul. Underneath the chatter of your mind, there is an ever-present source of guidance and love emanated by your Divine Self.

Solitude is a time for Self-Reflection - Introspection. It is a time in which you start recognizing the sacred divinity within you, a sublime reverence for yourself. It is a time for self-review and corrections.

There are many facets to solitude. Many are afraid of solitude. Most seek to complete themselves through another, whether it be a spouse or children or others.

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Channeled Irhaan Rae Chandran
6th Aug 2020

Some seek this completeness through their Material life. Some seek this through Monastic life. But ultimately, one must seek within oneself and this requires effort in silence and solitude, so that you can explore the many facets of your life, reacquaint with your inner horizon and explore the patterns and behavior or any other aspect of yourself, which needs improvement on the road to Mastery.

Solitude does not equal Loneliness.

Solitude is a chosen state of Beingness. It is an inner urging within you, a need to seek more of yourself. Every life stream seeks this re-union with oneself. But it has been covered by other things of life.

You have come here to attain Mastery within yourself - by becoming balanced in all facets of life. This is the promise, you have made to yourself. But you got distracted and lost your way.

Your soul engineers the solitude at certain times of your life to facilitate the remembrance of You.

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In the cycles of time, your Soul chooses certain life streams to focus on your growth in awareness and this it will do by facilitating on being alone for a certain time period, so that you can focus on yourself.

Each soul has four life cycles among the multitudes of life streams. One life cycle is for lifting the heavy burdens (agreeing to clear much dense karmic energy), followed by the next life, to be of rest and recharge, followed by (the third life stream) a life in which good times coupled with certain number of hard years, followed by (fourth life cycles) in which the primary objective is Spiritual Growth. It is in this cycle, one finds oneself alone and this is a cycle set up by your soul, to work on yourself for greater awareness and mastery. So do not fight the solitude. See it for what it is offering you.

Solitude holds pearls of wisdom. Seek it and find it.

Embrace the stillness and solitude and start hearing the gentle whispers of your soul. Get in touch with your Soul on a moment to moment basis.

It is who you are in truth and eternity.

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