

Service

Service to oneself and service to others.
What does it mean? Service simply
means - to Serve.

When one serves from the heart fully,
then it is coming from a place of
Oneness. We all have experienced this.
When you serve from the heart, you
feel uplifted and joyful and you are
making a statement to the Universe
about the Fullness of your being and
your divinity. In a larger sense, serving
others is simply serving you, for there
is no separation between you and the
one being served.

Your soul encompasses you and the
extension of your soul energy joins with
another's soul energy and it
encompasses them, and their soul
energies join with another and it goes
around. Soul does not have a cutoff
point. It is inside of you and outside
of you and it is part of the totality of
all.

Coffee with Master Buddha
Channeled by Irhaan Rae Chandran
3rd July 2020

Have you seen giant trees from whose roots a new tree is born and from the roots of this new tree, another tree is born? So, all human beings are connected to each other through their Soul.

Serving can come in many forms. From a simple smile, from an uplifting message, by offering help in times of need and distress and many other forms.

Serving will not only uplift your spirit but will also help to balance the karmic imprints you have brought to the earth. The highest serving should be to yourself/to the God within you. For when you serve, you are expressing love and gratitude, and this will help you to heal the deep wounds you carry within yourself and your outer expression of personality will reflect this part of your healed self.

Your human interaction with others will then be coming from a place of fullness and not from a wounded part within you.

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So, ask yourself - how do I serve myself now - in love and appreciation of who I am or from any other part of myself. Most humans seek approval or acknowledgement from others.

And we look outward for validation of ourselves. When you love yourself fully, you are Serving yourself fully. For true serving can only come from Love.

Any act you do through love, is an act of serving.

Serve equals Love

S - sincere

E - energy

R - reminder

V - vastness

E - exchange

SINCERE ENERGY EXCHANGE FROM
THE VASTNESS OF YOU THROUGH
REMEMBRANCE

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