

# Prayer

What is prayer? Prayer has been practiced throughout human culture from ancient times. All human beings know at their core the power of prayer.

This knowingness of the power of prayer has been anchored into your core cell by the Angelic realms and Mother Earth.

Your birth is a major significant part of your Soul Journey and during your birth, many forces come together to support your entry onto the earth plane. The Sun, the Moon, Gaia and the Birthing Angels are all present during every birth. They act as supporting energies to the Soul coming through the body.

Prayers uttered during the birth process is a powerful force which the child will carry throughout its life. Prayer said with feelings of gratitude is the best prayer.

When choosing to utter a prayer, one must keep in mind - the intention behind the prayer and whether it is coming from all the three parts of you - Body, Mind and Soul.

If prayer is coming from all these three parts, there is greater possibility of it manifesting quickly. So, in all prayers you utter, include your Soul component to it.

The next time you utter a prayer - bring your right hand and place it on your heart area and your left hand in the back of your body and keeping your spine straight, make the prayer with feelings of Love and Gratitude. This posture will anchor the energies of the prayer into your spinal column.

Your spinal column is called the Ladder into Oneself and this ladder ends at the base of your Medula Oblangota where your Pineal Gland is located.

Your pineal Gland is an integral part in drawing forth the required energy for the manifestation of your prayers. When you wake up in the morning, utter a prayer to yourself and your Divine Soul.

Prayer contains the energies of Love, Appreciation and Gratitude. When these qualities become a part of your energy field, then your prayer will become a powerful tool.