

*There is a difference between what we see and what we perceive. Perception is based on one's own ideas about a thing or experience. Perception influences, what we see and how we interpret the things that we see through the eyes and the meaning we give what we see is based on our perception. When we change our perception, then we see differently or we interpret what we see differently. This interplay of energy exists in all moments. The question is how to distinguish it. In the eyebrows, there are sensors which picks up electrical impulses (yes all are alive) from the matter in front of us and it gives a command to our brain to give a name or meaning to what we are seeing or observing. This the brain does dutifully, but from a past reality and hence our perceptions are almost always based on a past experience, whether it is from this life time or from past life times.*

*What does it mean to us in all what we see? There are several points of truth in all experience. But we perceive and see only one. So the next time, you perceive something as the truth, simply ask - is there another reality to what I see? Wait for your answer and then again ask - is there any other reality to what I was given. Play with it. Go on asking for at least 12 times. You will open up to new perceptions each time and this is the beginning of joining with your multidimensionality.*

*You as humans has 12 dimensions and the truth in all these dimensions varies from the truth you experience on the earth plane. Just imagine how life would be if you are able to connect to all these twelve parts of you in all areas - creativity, confidence, trust, wisdom and love. This simple technique practiced daily will open the doors to your Soul in more ways than you can imagine. Enjoy the process of Self Discovery..*

*Master Buddha ...Through Rae Chandran*