

MINDFULNESS

Today our guest is Chanali. She met me when she was 9 years. She became a part of our entourage and stayed with us for several years.

Let us welcome Chanali

I bow my head in humble reverence at the Lotus feet of my beloved Master Buddha.

I came with my parents to meet the great one as we have heard stories from other villagers who had seen him. They told stories about his calmness, gentleness and his loving presence. So, when my parents told me that we were going to meet him, I was very excited.

That time Master Buddha was in a mango grove where they had set up camps for the night. When I saw him for the first time, it was like meeting a long lost, dear family. I fell at his Lotus Feet, and he placed his hand over my head, and I started to cry. Tears flowed and my eyes became red from the tears.

My master gently took my hand and placed it on his heart and immediately I felt joy and peace filling me up. It was like magic and in an instant, it changed me.

Coffee with Master Buddha's Disciples
Channeled by Irhaan Rae Chandran
24th Oct 2020

That night while I slept, I felt his loving presence in my dreams, and he said - let us travel together and I flew with him into a faraway place - it was not on the earth and it was a distant star system. He said he came from that star system and he mentioned the name, Almach - the name of that star system.

There everything was in Colors and many had come to see him. He introduced me as a being from earth and they asked me to come to a sacred structure and performed some ceremony.

It was a very memorable experience. Afterwards he told me that it was time to go back and, in an instant, I was back in my body. This experience changed my life, and I knew when I got up the next day, my purpose in my life.

I decided to be a Truth Seeker and Truth provider to all - to provide them the truth so that they can break away from the chain of illusions which was binding them.

I believe that telepathically my Master transferred universal wisdom and guidance into me, as I was able to see the truth in people and in all experiences.

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He taught us about the value of being humble and loving in all ways. He lived his truth always. He was always loving to all the people who came to see him, and he expressed his love to all the animals and to all the people who supported him.

He taught us to be loving to our animals, Oxen which helps us to plough and till the land, the cows and sheep which gave us milk, the donkey which helped to carry our heavy burden of clothing and food of our entourage.

I saw him in kneeling in gratitude to the washer man who washed his clothes, to the people who cooked his food, to the people who made his footwear, to the people who guarded us from the bandits and robbers etc.,

He told us that without all the supporting energies from all these people and the animals, he will not be able to carry out his work. He told us to be mindful about all the things which support us daily and to be thankful for them.

Thankfulness and Gratitude was one of the hallmarks of his teachings.

I learned much from him and after several years he asked me to guide and teach other people and I along with few other people went away to propagate his wisdom. But my heart always wanted to be near him.

After 11 years of teaching I returned to be near my Master, and I stayed as part of his entourage till my master left his earthly body.

My master taught me that -

Humility expresses our Godself
Love expresses our Godself
Silence expresses our Inner Peace
Smile expresses our Inner Beauty
Caring expresses our Inner Strength

I remain in eternal gratitude to my Master, Lord Buddha. I am on the earth plane now and is in the profession of a nurse in the land you call Germany.

Chanali

Chanali wrote several treatises on my teachings. She also visited the country you call Sri Lanka. She attained full nirvana in that lifetime.

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