MARRIAGE

Marriage is a union of souls/life force/
experiences. When two souls come
together in the creation of life, the rite
of marriage takes place. For many,
marriage means - two people coming
together and creating a space for them
to grow together.

Marriage can be defined as the Union of Soul and Matter. When one joins with any - persons or experience in the creation of anything, it is called marriage.

It could be a marriage of ideas between two human beings. Marriage between two cultures, marriage of a business collaboration and so on.

Physical marriage or union requires an understanding of the principles of attraction.

Every moment, your body is sending out a message through the energy you created and are creating through your thoughts, words and actions.

Your body has many antennas on the hairs of your body, and you draw forth all the experiences and people through these antennas.

The thoughts you create coming from the memory bank within you is creative and it will seek similar vibrational thoughts from the matrix energy. You draw forth all experiences, including people coming into your life.

Your body holds thoughts of all experiences. Your body speaks in physical language and it is sending you messages every moment. Become aware of your body and it will help to open up its many inherent gifts.

One of the gifts of marriage is, an experience or a quality of your soul Remember, your Soul is in marriage with your body.

Your body holds the experiences of all in your physical body. It holds these experiences in different parts of the body.

Let us say - you want to rediscover a certain quality which you had before. Most of the essences of your positive qualities are stored in the front of the body. Most of the spiritual qualities are stored in the body.

Most of the personality and character traits are stored in the hip and leg area. Certain fears are stored in the shin and ankle area.

You could do this for any number of things - to align with the time, when you were more aware, to a time, when you had more courage, to a time when you had more peace and joy etc.,

Body is the key to liberation and selfrealization.

Simply moving your hand over your body while holding the thought of the quality, will start the process of activating the energy of that quality in your body.

EXERCISE

While keeping in mind a particular quality you seek to activate again, move your left hand over the body and ask whether this part holds the memory and energy of that quality you seek.

Your fingers are feminine (for both male and female) and they are very sensitive to energies.

If you start to feel warmth, then stay with it and this warmth will become stronger and stronger. You may have to move your hand gently to find the spot in your body to do this.

It could be in this lifetime (as in past) or in another lifetime. The energy of this quality will slowly start to surface, and it will slowly sweep into your mental, emotional and auric bodies and slowly it will start to be reflected on your daily live.

Bring back the memories from your body and start living a fulfilling life. Practice with this and see life shifts. Ask your fingers to lead you to the spot in the body to

find the qualities you seek. When you find it, be with it and then ask to join with that timeline when you had those qualities.