

DEVOTION

What is devotion?

Most people attribute devotion to religion or to an idea, a cause etc.

True devotion is self-examination of oneself and dedication to oneself. This does not mean that, you must withdraw from everything and be reclusive. True devotion is a moment to moment experience in the realization of your true self.

If you observe your life, you will notice that you are passionate about some of the things in life and less enthusiastic about other things. True devotion is true passion. What are you passionate about in your life? Passion is not to be confused with ego. Passion is of the Soul, whereas Ego is of the Mind.

Devotion to oneself is the greatest passion, one can have. When you devote time and energy for yourself, you are being passionate about yourself/ you are devoting to yourself.

Passion is a noble quality of your Soul.
It pushes you to seek more of life.
When you seek to fully embrace all of
life in its fullness, it is called devotion
to life and this can only come about,
when you have passion for life.

Devotion can come in many forms.
When you embrace fully any aspects of
your soul, then you are expressing the
devotion to that aspect of your soul's
quality. Seek to embrace your soul, in
its fullness, moment to moment and
you will not only experience the deep
sacredness of yourself, but all of nature
and all of life.

Devotion must be tempered and
balanced with living our life in a third
dimensional world. We can be in full
devotion to ourselves, while still staying
and contributing to the 3rd world we
live in.

Ask yourself these questions?
Do I Honor and value my Sacred Self?
Do I see myself as just a body, or a
Soul in a physical body?
What drives me?

See whether you are in devotion to
yourself in these three categories?

Coffee with Master Buddha
Channeled Irhaan Rae Chandran
24th July 2020

Start seeing yourself as whole and a sacred being. When you do this, you will start to see others and all of life as sacred and divine. Devotion also opens the energy of compassion and forgiveness.

Devotion also opens up the energy of surrender and acceptance. These qualities open the energy of more self-awareness and self-love.

You can open up to the sacredness of your soul by making a statement - I fully align myself with the frequency of my Soul.

Make this statement in the morning, when you wake up and also before you retire. Do it for a minimum of 12 times in the morning and evening. Then make a conscious choice to devote a certain part of your time for yourself. You with You. This could be as little as twenty minutes.

When you are honoring yourself, you are displaying devotion to yourself. You are being in love with yourself. True Love is True Devotion.